

**Jnana Dakini Thugthig**  
**Finding intimacy in all the wrong places**

Teaching & Practices

Led by Authorized Santi Maha Sangha Base Level Instructor Steven Landsberg

Sept 17 to Sept 20, 2026

Retreat Schedule

**Jnana Dakini Thugthig**  
**Finding intimacy in all the wrong places**

**1 Day Thursday – Sept, 17**

*Arrival, 09:30*

*Morning Session, 10:30-12:30*

Teach one thun

*Lunch, 13:00-14:00*

*Afternoon Session, 15:30-17:00*

Thun with practice

*Dinner, 17:30-18:30*

*Khaita, 19:00-20:00*

*Chöd, 20:30-21:15*

## **2 Day Friday – Sept, 18**

*Harmonious Breathing, 07:30-08:30*

*Ödzer Chenma short practice, 08:30-09:00*

*Breakfast, 09:00-10:00*

*Morning Session, 10:30-12:30*

Teach one thun

*Lunch, 13:00-14:00*

*Afternoon Session, 15:30-17:00*

Thun with practice

*Dinner, 17:30-18:30*

*Khaita, 19:00-20:00*

*Chöd, 20:30-21:15*

*Fin Sauna, 21:00-24:00*

## **3 Day Saturday – Sept, 19**

*Harmonious Breathing, 07:30-08:30*

*Ödzer Chenma short practice, 08:30-09:00*

*Breakfast, 09:00-10:00*

*Morning Session, 10:30-12:30*

Teach one thun

*Lunch, 13:00-14:00*

*Afternoon Session, 15:30-17:00*

Thun with practice

*Ganapuja, 18:00-19:00*

*Dinner, 19:00-20:00*

*Khaita, 20:15-21:00*

*Chöd, 21:15-22:00*

*Make a fire outside, 20:30-23:00*

## **4 Day Sunday – Sept, 20**

*Harmonious Breathing, 07:30-08:30*

*Ödzer Chenma short practice, 08:30-09:00*

*Breakfast, 09:00-10:00*

*Morning Session, 10:30-12:30*

Teach one thun & practice